

Interested in Participating in Research on Long-Term Health in Athletes?



MARQUETTE
UNIVERSITY

BE THE DIFFERENCE.

Life After Sport Trajectories (LAST) Lab

Purpose:

Investigate how competitive sport participation and prior injury impact long-term health and activity patterns in athletes

Procedures:

- Complete in-person testing totaling about 1.5 hours including:
 - Body Composition Analysis using Dual X-ray Absorptiometry (DXA)
 - Standard blood draw performed by trained phlebotomist
 - Height, weight, and blood pressure
 - Strength and function
- Complete questionnaires to assess sports participation history, athletic identity, health, and quality of life
- Physical Activity Monitoring
- Dietary Assessments

Who Can Participate?

Age: 18-25 or 40-64 years

Current and former collegiate varsity athletes and matched nonathletes

With or without a prior injury

Benefits: Receive a

comprehensive health assessment & make an impact on the scientific understanding of prior injury and physical activity patterns on long-term health in athletes.

\$50 Gift Card for Full Participation

Confidentiality: All data collected is confidential & your data is assigned an arbitrary code number rather than using your name. This study is covered by a Certificate of Confidentiality from the National Institutes of Health.

Help Facilitate
Healthy Aging

Learn More at
www.lastlab.org

Make an Impact
on Future
Athletes



CONTACT US

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